Worthwhile Operational Guidelines & Suggestions

Ten Thoughts to Ponder About in the New Year…

Number 10  Life is sexually transmitted.

Number 9   Good health is merely the slowest possible rate at which one can die.

Number 8   Give a person a fish and you feed them for a day, teach a person to use the internet and they won't bother you for weeks.

Number 7   Walking can add minutes to your life. This enables you at 85 years old to spend an additional 5 months in a nursing home at $7000 per month.

Number 6   Health nuts are going to feel stupid someday, lying in hospitals dying of nothing.

Number 5   All of us could take a lesson from the weather. It pays no attention to criticism.

Number 4   If you are going to try cross-country skiing, start with a small country.

Number 3   In the 60's, people took acid to make the world weird. Now the world is weird and people take Prozac to make it normal.

Number 2   Life is like a jar of Jalapeno peppers … What you do today, might burn you tomorrow!

Number 1   We all get heavier as we get older, because there's a lot more information in our heads. That's my story and I'm sticking to it!

HAPPY HOLIDAYS!

S. F.”Sarge” Bilgili, PhD.
bilgisf@auburn.edu
Poultry Science Department, Auburn University
www.ag.auburn.edu/dept/ph/